

**Central LHIN**  
**Diabetes Education Program**  
 Referral Form

|  |                    |
|--|--------------------|
| <b>CLINIC USE ONLY</b>                         |                    |
| Received: _____                                | Appointment: _____ |
| Notes: _____                                   |                    |
| <input type="checkbox"/> Interpreter attending |                    |

**Patient Information:**

Last name: \_\_\_\_\_ First name: \_\_\_\_\_ M  F  DOB: \_\_\_\_\_  
 Address: \_\_\_\_\_ YYYYY-MM-DD  
 OHIP#: \_\_\_\_\_ Version Code: \_\_\_\_\_ Expiry date: \_\_\_\_\_  Non-insured  
 Primary Phone #: \_\_\_\_\_ Secondary Phone #: \_\_\_\_\_  
 Name of Parent/Guardian: \_\_\_\_\_ Language Preferred if not English: \_\_\_\_\_  
 Allergies: \_\_\_\_\_  NKA

**Reason for Referral:**

- Diabetes Education  via OTN
- Inpatient/ER follow-up
- Insulin/GLP-1 Analog Start *write order/attach Rx & sign below*
- Endocrinology consult *see over for applicable sites*  via OTN
- Retinal Screening/Teleophthalmology
- \_\_\_\_\_

**Type of Diabetes:**

- At risk
- Prediabetes  newly diagnosed OR year diagnosed: \_\_\_\_\_
- Type 1  newly diagnosed OR year diagnosed: \_\_\_\_\_
- Type 2  newly diagnosed OR year diagnosed: \_\_\_\_\_
- Pregnant (\_\_\_\_\_ weeks)  gestational  Type 1  Type 2
- \_\_\_\_\_

**Insulin or GLP-1 Analog Order:**

Dose:

Time:

| Insulin or GLP-1 Analog Order: | Dose: | Time: |
|--------------------------------|-------|-------|
|                                |       |       |
|                                |       |       |
|                                |       |       |

Continue current diabetes oral medications  Stop these after insulin/GLP-1 Analog start: \_\_\_\_\_

**Current Medications:**

Dose Route Freq.

**Current Medications**

Dose Route Freq.

| Current Medications: | Dose | Route | Freq. | Current Medications | Dose | Route | Freq. |
|----------------------|------|-------|-------|---------------------|------|-------|-------|
|                      |      |       |       |                     |      |       |       |
|                      |      |       |       |                     |      |       |       |
|                      |      |       |       |                     |      |       |       |

**Additional Considerations:**

- Hypertension  Cardiovascular disease  Nephropathy  Retinopathy
- Dyslipidemia  Foot ulcer  Neuropathy  \_\_\_\_\_

**Laboratory Results:**

Please attach all recent blood work (including HbA1C, lipid profile, FPG, OGTT, etc.)  Attached

**Referring Health Care Provider Information:**

**Physician Orders:**

A report of the visit will be provided to:

Name:

Address:

Phone:

Fax:

Billing number:

- I authorize the Diabetes Educator/s to adjust this patient's insulin based on the DEP's Medical Directive (available from the DEP). The Diabetes Educator will provide education on how to self-titrate insulin based on blood glucose, carbohydrate intake and physical activity. Yes  No
  - I authorize an Endocrinologist to see this patient on an urgent basis IF AVAILABLE ON SITE. Yes  No
- Physician's signature: \_\_\_\_\_ MD

| Diabetes Education Program (DEP)  | Location   | Phone No.<br>Fax No.                                | Paediatric | Pre-diabetes | Type 1 diabetes | Type 2 diabetes | Gestational diabetes | Pre-existing diabetes with pregnancy | Post-Gestational | Pump therapy | Endocrinologist (pregnancy only) | Endocrinologist | Chiroprody | Social Work | Languages spoken by staff (in addition to English)  |
|---|--|---|------------|--------------|-----------------|-----------------|----------------------|--------------------------------------|------------------|--------------|----------------------------------|-----------------|------------|-------------|---|
| Black Creek Community Health Centre<br><a href="http://www.bcchc.com">www.bcchc.com</a>                                   | Yorkgate Mall site<br>1 Yorkgate Boul., Unit 202<br>Toronto, ON, M3N 3A1           | Tel: 416.246.2388<br>Fax: 416.650.0971              |            | •            |                 | •               |                      |                                      |                  |              |                                  |                 | •          | •           | Interpretation service available on request   |
| Carefirst Family Health Team<br><a href="http://www.carefirstfht.com">www.carefirstfht.com</a>                            | 420 Highway 7 E., Unit 27<br>Richmond Hill, ON, L4B 3K2 *                          | Tel: 905.695.1140<br>Fax: 905.695-0826              |            | •            |                 | •               |                      |                                      |                  |              |                                  |                 | •          | •           | Cantonese, Gujarati, Hindi, Mandarin, Punjabi, Urdu, Tamil<br>Interpretation service available on request |
| Humber River Regional Hospital<br><a href="http://www.hrh.ca">www.hrh.ca</a>  | Finch site<br>2115 Finch Ave. W., Suite 103<br>Downsview, ON, M3N 2V6              | Tel: 416.747.3896<br>Fax: 416.747.3082              |            | •            | •               | •               | •                    | •                                    |                  |              |                                  |                 |            |             | Hindi, Italian, Punjabi, Tagalog, Tamil   |
| LMC Diabetes & Endocrinology<br><a href="http://www.lmc.ca">www.lmc.ca</a>  | LMC Markham<br>110 Copper Creek Dr, Suite 200<br>Markham, ON, L6B 0P9              | Tel: 905.294.0800<br>Fax: 905.294.0814              |            | •            | •               | •               | •                    | •                                    | •                | •            | •                                |                 |            |             | Cantonese, Mandarin   |
|   | LMC Thornhill<br>531 Atkinson Ave., Suite 17<br>Vaughan, ON, L4J 8L7               | Tel: 905.763.8660<br>Fax: 905.763.0708              |            | •            | •               | •               | •                    | •                                    | •                | •            | •                                |                 |            |             | Greek, Russian<br>Interpretation service available on request   |
| Markham-Stouffville Hospital<br><a href="http://www.msh.on.ca">www.msh.on.ca</a>  | 379 Church St., Suite 310<br>Markham, ON, L6B 0T1 *                                | Tel: 905.472.7527<br>Fax: 905.472.7533              | •          | •            | •               | •               | •                    | •                                    |                  | •            |                                  |                 |            |             | Cantonese, Gujarati, Hebrew, Hindi, Mandarin, Punjabi, Tamil, Urdu  |
| Mackenzie Health<br><a href="http://www.mackenziehealth.ca">www.mackenziehealth.ca</a>                                    | Upper Thornhill Centre site<br>955 Major Mackenzie Dr., W.<br>Vaughan, ON, L6A 4P9 | Tel: 905.832.8070<br>Fax: 905.832.0720              |            | •            | •               | •               | •                    | •                                    | •                | •            |                                  |                 |            |             | Cantonese, French, Hindi, Italian, Mandarin, Punjabi, Spanish, Urdu                                       |
|   | Oak Ridges Medical Centre<br>13291 Yonge Street, Richmond Hill                     | Tel: 905.832.8070<br>Fax: 905.832.0720              |            | •            | •               | •               | •                    | •                                    | •                | •            |                                  |                 |            |             |   |
| North York General Hospital<br><a href="http://www.nygh.on.ca">www.nygh.on.ca</a>   | Branson site<br>555 Finch Ave. W.<br>Toronto, ON, M2R 1N5                          | Tel: 416.635.2575<br>Fax: 416.635.2601              | •          |              | •               | •               | •                    | •                                    |                  | •            | •                                |                 |            | •           | Cantonese, Mandarin, Russian  |
| CLHIN CCDC- Centre for Complex Diabetes Care<br><a href="http://www.nygh.on.ca">www.nygh.on.ca</a>                        | Branson site<br>Comprehensive case management for adults with diabetes             | Tel: 416.635.2575<br>Fax: 416.635.2601              |            |              | •               | •               |                      |                                      |                  | •            |                                  |                 | •          | •           | Hebrew  |
| North York Family Health Team<br><a href="http://www.nyfht.com">www.nyfht.com</a>   | 240 Duncan Mill Rd., Suite 301<br>North York, ON, M3B 3S6                          | Tel: 416.494.3003<br>Fax: 416.494.8525              |            | •            |                 | •               |                      |                                      | •                |              |                                  |                 |            |             | Cantonese   |
| Southlake Regional Health Centre<br><a href="http://www.southlakeregional.org">www.southlakeregional.org</a>              | 465 Davis Dr., Suite 213,<br>Newmarket, ON L3Y 2B1 *                               | Tel: 905.895.4521 ext. 5600<br>Fax: 905.853.3180    |            | •            | •               | •               | •                    | •                                    | •                | •            |                                  |                 |            | •           | Cantonese, Hebrew, Hungarian, Mandarin, Persian, Spanish  |
| Stevenson Memorial Hospital<br><a href="http://www.smhosp.on.ca">www.smhosp.on.ca</a>                                     | 200 Fletcher Cres.<br>Alliston, ON, L9R 1W7  | Tel: 705.435.6281<br>Fax: 705.434.5219              |            | •            | •               | •               | •                    |                                      |                  |              | •                                |                 |            |             |   |
| Unison Health and Community Services<br><a href="http://www.unisonhcs.org">www.unisonhcs.org</a>                          | Bathurst-Finch site<br>540 Finch Avenue West<br>Toronto, ON M2R 1N7 *              | Tel: 416-787-1676 ext. 301<br>Fax: 647-260-0310     |            | •            |                 | •               |                      |                                      | •                |              |                                  |                 | •          | •           | Russian, Hebrew<br>Interpretation service available on request  |
| Vaughan Community Health Centre<br><a href="http://www.vaughanhealthcarehc.com">www.vaughanhealthcarehc.com</a>           | 9401 Jane St., Suite 206<br>Vaughan, ON, L6A 4H7                                   | Tel: 905.303.8490 ext. 137/171<br>Fax: 905.303.0320 |            | •            |                 | •               |                      | •                                    | •                |              |                                  |                 | •          |             | Interpretation service available on request   |
| Jane Finch Family Health Team<br><a href="http://www.janefinchfamilyhealthteam.com">www.janefinchfamilyhealthteam.com</a> | Yorkgate Mall, 2nd floor<br>1 Yorkgate Boul., Unit 211<br>Toronto, ON, M3N 3A1     | Tel: 416-745-4555 Ext 6<br>Fax: 416-745-0786        |            | •            | •               | •               |                      | •                                    | •                |              |                                  |                 | •          | •           | French, Hindi, Punjabi  |

\* Additional service sites available - please call main site phone number for details regarding closest location