

Issue 1 April 2017



## Welcome to the Black Creek Community Health Centre Chronic Disease Program!

Formerly the Diabetes and COPD Programs, we are pleased to combine to form one team that will work towards embracing management of all chronic diseases.

*But first, who are we??*

### **Chronic Disease Community Health Worker**

Amika Gupta

### **Chronic Disease Social Worker**

Bindu Prasad

### **COPD Team:**

Frederick Franco - Registered Kinesiologist

Jessica Sit - Respiratory Therapist

### **Diabetes Chiropodist:**

Daniel Liu

### **Diabetes Clinical Team:**

Carla Da Mota - Registered Nurse, Certified Diabetes Educator

Daniel Ekpa - Registered Nurse, Certified Diabetes Educator

Erin Zindoga - Registered Dietitian, Certified Diabetes Educator

Jackie Allen - Registered Dietitian, Certified Diabetes Educator

Khaterah Gaymadi - Registered Nurse, Certified Diabetes Educator

Lisa Martin - Registered Dietitian, Certified Diabetes Educator

Mahnaz Pouramadi - Registered Dietitian, Certified Diabetes Educator

**Diabetes Exercise Specialist**

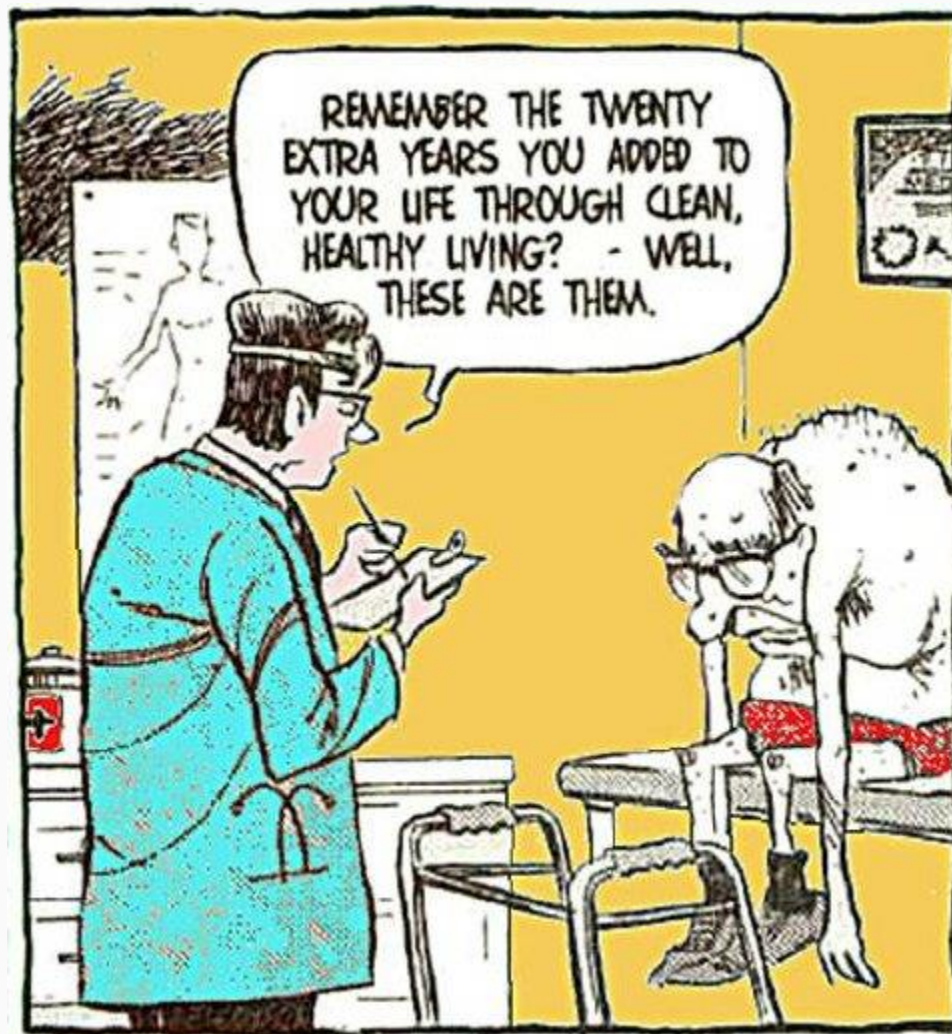
Jean Fraser - Registered Kinesiologist

**Teleophthalmology (TOP) Team:**

Juliette Keussi - Registered Practical Nurse

Tania Carozza - Secretary

---



## ASK AN EXPERT!

Send your questions or comments to [judy.murray@bcchc.com](mailto:judy.murray@bcchc.com) and we will get the right person to answer next month!

---

Use your own custom HTML

### FOCUS ON TELEOPHTHALMOLOGY

- Diabetic retinopathy is the leading cause of vision loss.
- 500,000 Canadians have some form of diabetic retinopathy - individuals with diabetes are 25 times more likely to go blind than the general population
- Retinopathy is a complication of diabetes that is highly preventable through annual examination and retinal screenings.
- The North York West sub region of Central LHIN has the densest population of people with diabetes AND the lowest rate of screening for diabetic retinopathy.

The **Teleophthalmology Program (TOP)** was designed to improve access to retinal screening for patients with diabetes in Ontario. TOP uses a secure web-based connection and software to allow referring and consulting healthcare providers to capture and review digital images of the retina. Strong safeguards including usernames, passwords and data encryption ensures the safety and privacy of patient health information. Patients will also undergo visual acuity assessment and have their eye pressure measured prior to the retinal images being collected.

*Please keep in mind that TOP is for retinal screening for patients with diabetes. We do not prescribe eye glasses or deal with cataract issues.*

Since there can be transportation and location barriers for clients getting screened for retinopathy, the main benefit of TOP is that clients with diabetes can access this service more easily in their community.

Black Creek CHC Chronic Disease Program is pleased to lead the TOP program for **Central Local Health Integration Network (C LHIN)** with help from Ontario Telemedicine, Vaughan Community Health Centre and our community partners.

To refer to TOP, complete the **Central LHIN Diabetes Referral**  
or  
**call 416 - 246 -2388**

[CLICK here for referral](#)



*Copyright © \*\*, All rights reserved.*

**Our mailing address is:**

judy.murray@bcchc.com

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

---

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Black Creek Community Health Centre · 1 Yorkgate Blvd. · Suite 202 · Toronto, On M3N 3A1 · Canada

The MailChimp logo is centered within a grey rounded rectangle. The text "MailChimp" is written in a white, cursive script font.