

People Accessing Care Teams - PACT

EMAIL: aahs@bcchc.com FAX: 416 249 7708 PHONE: 416 246 2390

Services provided	Description	Description
Harm reduction	<ul style="list-style-type: none"> Drop in services Case management and support for withdrawal management Distribution of harm reduction kits 	<ul style="list-style-type: none"> Assistance in food support, substance use treatment, clothing and housing Community health and social service referrals
Chiropody/Assessment & screening	<ul style="list-style-type: none"> Diabetic Foot Assessments Sport Injuries Rheumatology Biomechanical Assessment and Gait Analysis 	<ul style="list-style-type: none"> Podiatric Soft Tissue Surgery Dermatological Issues (Warts/Corns/Callus) and Wound care
Foot Care	<ul style="list-style-type: none"> Corns , calluses, fungal nails, cracked and dry heels 	<ul style="list-style-type: none"> Involuted Nails, ingrown nails, clipping and filing
Community support & social services	<ul style="list-style-type: none"> Forms and documents: Passport, OTD Program, Housing Connections/Housing, Citizenship/Immigration, CAS File Removal, Social Insurance, Birth Certificates 	<ul style="list-style-type: none"> Forms and documents: OHIP Card, OW, ODSP, Pension Benefits, Social Service appointments, Pardons, Police Complaints, and Legal referrals
COPD education & Smoking cessation	<ul style="list-style-type: none"> Diagnostic screening: pulmonary function tests COPD Program and smoking cessation Respiratory medication and inhaler training 	<ul style="list-style-type: none"> Counseling for parents of children with asthma Self-management support
Diabetes education & management (RN & RD)	<ul style="list-style-type: none"> Adults with Type II diabetes Adults with pre-diabetes (i.e. impaired fasting glucose, impaired glucose intolerance) 	<ul style="list-style-type: none"> Adults with insulin/GLP-1 Analog <p>Please fill out the Diabetes Education (DEP) Referral Form</p>
International Board Certified lactation consultant	<ul style="list-style-type: none"> Support for new and expectant families Care and counseling for clients wishing to breastfeed their babies 	<ul style="list-style-type: none"> Individual appointments as well as Breastfeeding support group Breastfeeding clinic (Walk –in)
Registered Kinesiologist (Exercise)	<ul style="list-style-type: none"> Functional and fitness assessments Exercise prescription; cardiovascular and muscular strengthening Postural and balance evaluation and education 	<ul style="list-style-type: none"> Post - rehabilitation maintenance Pain and chronic disease management
Registered dietitian	<ul style="list-style-type: none"> High cholesterol and /or HTN, Food allergies Weight management (i.e. weight loss, weight gain). Meal Planning Digestive issues (e.g. heart burn, reflux, constipation, diarrhea, irritable bowel syndrome, diverticulitis, etc.) 	<ul style="list-style-type: none"> Prenatal nutrition (i.e. healthy eating during pregnancy) Infant toddler, child nutrition (e.g. failure to thrive, low weight gain, overweight, picky eater)
Sexual health clinic (Walk-in)	<ul style="list-style-type: none"> Birth control, Sexuality and relationship counseling HIV/ STD testing and treatment, pregnancy testing 	<ul style="list-style-type: none"> Low cost birth control, free condoms, and emergency contraceptive pills
Social worker/Therapist	<ul style="list-style-type: none"> Confidential counselling sessions for individuals, couples and family therapy for clients 13 years and above, seeking help with managing emotions, chronic mental & physical health issues Group counselling, case management and advocacy services 	<ul style="list-style-type: none"> Psychoeducational workshops, self-management groups, therapy and community-based groups Eclectic approach using components of: CBT, narrative therapy, DBT, mindfulness based stress reduction, solution-focussed therapy, emotional-focused therapy, and harm reduction
Physiotherapy	<ul style="list-style-type: none"> Musculoskeletal injuries: arthritis, fracture management Obesity Management- low back pain, shoulder pain, repetitive injuries Fall prevention, Stroke Rehabilitation 	<ul style="list-style-type: none"> Pelvic Health Rehabilitation , Ergonomic Education Pre-, post-natal/pre-post operative rehabilitation management Workplace injury and Gait training and mobility aids training
Tele ophthalmology (TOP)	<ul style="list-style-type: none"> Diabetic Eye Screening for Retinopathy 	<ul style="list-style-type: none"> Screenings include; Visual Acuity Test, Ocular Pressure measured , Photograph of pupil